

Listening 1

Kind: captions my name is Andrea I'm 24 from New York and I'm currently studying clinical psychology and getting my masters in Capetown I have an internship at a clinic with adolescents and I work with adolescents who have depression, anxiety OCD substance abuse and other mental illnesses what I really love about the city is that it's very diverse there are people from a ton of different walks of life so you're always constantly meeting people of new backgrounds, cultures and what I also love is just there are so many different activities that you can do so I chose my son Benny because as opposed to other programs that I looked at including the internship you also get to meet different interns from different countries as well as they provide weekly activities and so far I really like them because I've had a kind of Capetown bucket list coming in and all the activities have been hit so far so the housing is really nice I live with eleven other people and again they're all from different backgrounds some of them are students some of them are interns and they're all really great we hang out a lot after work in class and we also have Brys on the weekends sometimes so for any upcoming students who are coming to Capetown just always have an open mind another thing I would like to say is that coming to Cape Town my family especially we're really concerned with crime but with that you know I took the train to work every day and back and really just always be on your guard but also don't let things like that scare you into trying something new so my favorite was the sunrise hike at lion's head it was so nice going up there and seeing the sunrise over the city another thing that I really enjoyed was the garden route my aunt raved about doing that when she was here in South Africa so that was awesome and then another thing is I love wine so going to all the wineries was a lot of fun as well definitely I think my internship played a huge role coming in I did not want to work with adolescents at all, because they're such a difficult demographic but working with my job I absolutely love my boss I absolutely love my co-workers and working with the kids was actually a little bit tiring but at the end of the day it showed me that adolescence is a good group to work with and I think moving forward professionally I do want to work with adolescents